

## Pediatric Tonsillectomy - Adenoidectomy Pain Protocol

## ibuprofen (Motrin) and acetaminophen (Tylenol)

You will be alternating ibuprofen (Motrin) and acetaminophen (Tylenol) based on the schedule below: Give a dose of Tylenol or Motrin as directed on the bottle for your child's age and weight. If you have questions about the appropriate dose, contact the office at (806)743-4115.

First Dose	6 hours	12 hou	rs 18 h	ours 2	24 hours
I.	I	I		I	I
ibuprofen	ibuprofe	enibupro	ofenibu	profen	ibuprofen
3	hours	9 hours	15 hours	21 hours	
I		I	I I	I	
acetaminophenacetaminophe			acetaminophen_	acetaminop	hen

## HYDROcodone-acetaminophen (Lortab)

You will receive a prescription for Lortab pain medication for pain not controlled by the above medications. Lortab contains Tylenol in it, so DO NOT give a dose of Tylenol and Lortab together as this may damage the liver. A very small percentage of people may have a reaction to the hydrocodone in Lortab that can cause them to become very sleepy and stop breathing. If your child is very sleepy, DO NOT give any Lortab and if they have breathing problems, call 911 or go to the nearest Emergency Room. The Lortab would be substituted for the dose of Tylenol in the above treatment schedule.

Post-operative pain is normal and we should be able to control it with this regimen of medication, but the patient may experience some discomfort.

Adequate liquid intake will help with pain control.

If you have questions regarding your child's progress, please contact the office at 743-4115.